Troop 48 Menu and Food List

atrol: Trip Date:						
Patrol member assigned to buy food:						
Menu approved by: (ASM c	or JASM)					
Menu approved by: (ASM or JASM) # of Scouts = X budget of up to \$20.00 per Scout = \$ budget for shopping.						
Menu		Shopping List				
TIVIIU	Use p	rivate brands / generics wherever possible.				
		Staples, if Needed:				
	Qty.					
		Bug juice mix				
		Charcoal (Get from Quartermaster.)				
		Dishwashing detergent, liquid				
		Instant Cocoa Mix				
		Margarine				
		Matches				
		Milk Orange Juice				
	4	Paper towels (1 roll / meal)				
	+	Plastic zipper bags				
		Salt / pepper / spices				
		Soap pads				
		Trash bags				

Patrol	Duty	Roster
 rauoi	Duty	VO2161

Swing Man: Clean-up or

Meals	Head Cook	Assistant Cook(s)	Head Clean-up	Assistant Clean-up	Swing Man: Clean-up or Assistant Cook	Fire / Water
Breakfast						
Lunch						
Dinner						
Breakfast						
Job Descriptions: Head Cook Ass't Cook(s) Head Clean-up Ass't Clean-up Swing Man	Knowledgeable of how to cook the Assist Head Cook in the meal property wash and sterilization bucken Put wash and sterilization bucken Assistant Clean-up: See above.	reparation. Clean the stove. ts on stove. Add soap. Clean patr ts on stove. Add soap. Clean patr OR - Assistant Cook: See above coal fires for cooking needs and i	ol cooking equipment. Wash table to cooking equipment. Wash table a. Assigned by PL.	e(s), put away food and secure pa e(s), put away food and secure pa	ntrol boxes and food.	al. Fill water jugs or retrieve then
Scouts Paid to Attend						

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Patrol:	Trip Date	Trip Date:	
Menu		Shopping List	
	Use p	rivate brands / generics wherever possible.	
		Staples, if Needed:	
Saturday Dinner	Qty.		
Backpacking meals	1	Pack in 1 gallon zipper bag:	
Hearty bread		Drinks, soup, etc	
•	2	Pack in 1 quart bag:	
Sunday Breakfast		Trail mix	
Instant Oatmeal: Apple and Cinn., Maple and Brown Sugar		Drink Mix	
Pop-Tarts, iced. Any fruit flavors. 1 packet per person	1	Pack in tiny bag:	
· · · · · · · · · · · · · · · · · · ·		Dried fruit	
Sunday Lunch			
Pita sandwiches filled with cheddar cheese and meat	Qty.	Items to Assemble	
Dried fruit	32 pkts.	Instant Oatmeal: Apple and Cinn., Maple and Brown Suga	
Lipton Chicken Noodle Cup-a-Soup		Pop-Tarts	
	16	Cereal bars	
Sunday Dinner	16	Hot cocoa envelopes	
Backpacking meals	16	Hot apple cider mix envelope	
Backpacking dessert medley	36	Coffee Singles	
	24 oz.	Dried fruit	
Monday Breakfast	8	Cup-a-Soup pouches	
Instant oatmeal	16	Cereal bars	
Cereal bars	2 / p.	Backpacking entrée	
Dried fruit	2 cups / p.		
Dried truit	2 cups / p.	Trail trix	
Beverages			
Hot cocoa, hot cider, coffee singles		Items that Someone Needs to Carry	
Tiot cocoa, flot clacif, conice singles	3	Backpacking desserts	
		Cheese, sharp cheddar 16 oz. x 2 = 32 oz.	
		Sausage / pepperoni	
	24	Pita bread halves (2-3)	
	2	Hearty bread loaves(Baguettes?)	
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